



The Nottingham Quill

VOLUME 43

ISSUE 8

SEPTEMBER, A.S. LI

This is the Nottingham Quill, a publication of the Barony of Nottingham Coill of the Society for Creative Anachronism, Inc. The Nottingham Quill is available from Merewyn Scharp via email at LabyrinthineOne@gmail.com. Subscriptions are free as all publications are available electronically. This newsletter is not a corporate publication of the Society for Creative Anachronism, Inc., and does not delineate SCA policies. (c) Copyright 2016, Society for Creative Anachronism, Inc. For information on reprinting letters and artwork from this publication, please contact the Nottingham Coill Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.

IN THIS ISSUE...

- 2.... Table of Contents*
- 3.... Regnum*
- 4.... A Note from Their
Excellencies*
- 6.... From The Seneschal's Pen*
- 8.... Dear Delia...*
- 11.... Tasting from the
Wooden Spoon*
- 13.... Wilhelm's Wanderweg*
- 15.... Silk Banner Painting*
- 17.... A note from Her
Excellency regarding WOW*
- 18.... Baronial Meeting Notes*
- 20.... Upcoming Events in
our fair Kingdom*
- 22.... The Back Page*



Baronial Regnum

Baronage

Baron Lucien de la Rochelle, mka Jim Looper
email: baron@nottinghillcoill.org
jimlooper@nctv.com
Phone: 864.554.0586

Baroness Brig ingen Erennaigh, mka Missy
Looper
email: baroness@nottinhillcoill.org
brigscribe@nctv.com
Phone: 864.554.0585

His Excellency currently works third shift and Her
Excellency typically works 10:00 AM – 4:00 PM.
Please time any phone calls accordingly.



Baronial Officers

Baronial Seneschal
Dame Morwenna Trevethan
email: bwahaha@spiritcom.net

Exchequer
Lady Janna of Falcon's Cree
email: exchequer@nottinghillcoill.org

Herald
Lady Iollann o'Glencairn, mka Norma Dooley
email: herald@nottinghillcoill.org

Knight Marshall
Lord Willhelm der Schwartze Leopard, mka
William Rust
email: KnightMarshall@nottinghillcoill.org

Chronicler
Merewyn Scharp, mka Alicia Abrams
email: Labyrinthine0ne@gmail.com
phone: 803.238.3498

Chatelaine
Lady Magdalena Woodrose, mka Christi
Singleton
email: ladymagdalenwoderose@gmail.com
phone: 803.272.2194

Minister of Arts & Sciences
Mistress Deirdre Morgan mka Cindy Hudson
email: moas@nottinghillcoill.atlantia.sca.org

Webminister
Master Gavin Reynes, mka Dale Osborn Rains
email: dorains@gmail.com

Minister of the Lists
Vacant

Baronial Scribe
Lady Milicent Shiveley, mka Robin O'Neal
email: robin.oneal@aol.com

A Note from Their Excellencies...

Greetings gentle friends, from Your Baron and Baroness, Lucien de La Rochelle and Brig ingen Erennaigh!

As August comes to an end, so too does another Pennsic War. While We were unable to attend Ourselves, We have greatly enjoyed hearing of the exploits of those who did and are filled with joy with their safe return.

We call upon all who attended The Great Pennsic War, who are so inclined, to share writings of at least one War story for publication in the Quill. We also look forward to hearing of your deeds in person!

Were you witness to a great deed of arms while at the war? Stunning works of an artisan's hand? Selfless service? Take a moment or two to let Their Majesties, or Us know by writing a Letter of Recommendation.

Please understand that none of Us who are able to give recognition are mind readers, so We desperately depend on your letters to bring the good works of others to Our attention.

With depression setting in from not being able to join Their Majesties' Army at Pennsic, We did travel to visit Our Cousin of Hidden Mountain, whose joyous reception did lighten Our hearts. Baroness Asta did invite Us to tour Her Collegium at Moorhaven. There were many great classes, with His Excellency teaching an impromptu rapier class and getting stabbed. A lot. By many people. In the heat. Great fun was had by all, and there were many promises made by Her Excellency's populace to attend Ritterwald's Southern War Practice in September.

As of the time of this writing, We are looking forward to the trip down memory lane that will be Pennsic Pauper's Potluck. 23 years ago, this was Lucien's first event. He may even try to talk Her Excellency into making him a Monks Robe to attend...

We are getting more and more excited as September approaches due to the many events We will be attending. We are looking forward to Southern War Practice, and will be changing up the schedule a little bit. We plan on holding a lunchtime Court, and will be arranging for shade, so that all can enjoy a break in the day's activities to seek a bit of respite and to rehydrate.

The following is a list of the events We plan to attend in the near future:

August

27 Pennsic Pauper's Potluck and Practice

September

2-4 Raven's Cove Baronial Birthday

9-11 Sacred Stone Baronial Birthday

17 Silver Chalice?? (depending on work)

23-25 Southern War Practice

October

1 Fall Coronation (Lucien only)

8 Library Demo

13-16 War of the Wings

We look forward to spending time with all of you!

Baron Lucien de La Rochelle and Baroness Brig ingen Erennaigh

From the Seneschal's Pen

Another September, another Pennsic has come to an end. And what a Pennsic it was! I've been to hot Pennsics, chilly Pennsics, bone-dry rain-free Pennsics, torrential-downpour Pennsics, and humid Pennsics, but everyone I've heard from said virtually the same thing: this Pennsic's weather was brutal. Hot and humid in the extreme. People who usually sweat very little were soaked, and people who usually sweat readily had it pouring off them. The EMTs and Paramedics at First Aid Point had their hands full trying to deal with all the heat-related severe problems that occurred. Several of the annual tournaments were cancelled, and some of the War Point Battles were shortened significantly just for the sake of participant safety: to keep folks from overheating. In fact, the most common phrase I heard this War was not 'Hello' or 'How've You Been' but 'Are You Staying Hydrated?' and 'Hail Hydrate!'

Probably all of us know the importance of getting fluids into us, but we often forget the second half of the equation: getting fluids out of us. Sweating certainly accomplishes some of this, but can't do what the kidneys are designed for: removal of toxins via urination. So . . . kudos to you if you're keeping up your fluid intake. Just make sure that you're having to visit the portacastle every 2 hours, as well.

And now, here's what's coming up in the area in the near future: Sacred Stone Baronial Birthday (hosted by the Barony of Sacred Stone, September 9-11); Silver Chalice (hosted by the Barony of Hidden Mountain, September 17); and Southern War Practice (hosted by the Canton of Ritterwald, September 23-25). Oh, and don't forget War of the Wings! The deadline is Wednesday September 14 for pre-registration and guaranteeing yourself a spot in an established camp. For those who want to travel to Meridies, the Red Tower event also is coming up (hosted by the Barony of the South Downs / Atlanta GA area, September 30 - October 2.)

Normally I wrap up each month's column with a Vivant to those of our barony who received awards and recognitions recently. However - there's really nothing to post this month, because the Pennsic awards haven't been posted yet. So you'll just have to wait until the next issue to catch up on all the recognitions that have been given to our barony's members. There were only two recognitions made which wouldn't go into the Order of Precedence (the OP). (1) At the Unofficial Pennsic Half-Marathon (13.1 miles), Lord Draco of Brockore not only was a participant, but also completed the entire course! This is much farther than he's run previously. That's quite an accomplishment, especially given the heat and the terrain (uneven, with lots of hills.) (2) At Highland Foorde's baronial Court, your baronial seneschal was named the Southern Deputy / Representative for Their Excellencies Fergus and Glynnis. At Their request I will serve as Their designated representative at all southern events where Their baronial presence is required or expected (e.g. Coronation, Curia, etc.) but which They can't attend.

*Yours in service to The Dream and the barony,
Dame Morwenna Trevethan
Baronial Seneschal*

Dear Delia.....responses by Delia Flammen

Dear Delia,

I'm relatively new. At me last event, a brace of lovely gurrels came up tae me and asked with meaningful glances, "Are you a True Scotsman?" I replied, "Aye, I hail from Aberdeen." They just tittered like little burreds and minced away. Did I miss some hidden meaning?

-"Off Kilter"

My poor sweet dear Lord "Off",

Bless your heart!

Delia

Dear Delia,

A mundane gentle has taken a tender and arduous interest in me, and I would very much like to include them in my medieval life because our great Society is so important to me and such a big part of my life. How would you recommend going about piquing their interest?

*Yours truly,
Yearning Yeoman*

Dear Yearning Yeoman,

First you should ascertain if the person in question has the temperament and personality that would make them a good fit. Does this person have a strong interest in history? If not, it's going to be an uphill battle. Give them the movie test: Did they like The Princess Bride? Monty Python and the Holy Grail? Ladyhawk? If the person in question already loves these movies, yes they will fit in nicely. If the

person already quotes one or more of these movies in daily life, they are already a SCAdian and probably just doesn't know it yet.

Your next move is to get them to an event. Learn as much as you can about their interests so that you can help them find their niche, and hopefully their passion in the SCA. Don't leave them to arrange their own garb- borrow something flattering from a friend, go through your group's loaner garb in advance to find something nice, or if you have the time and skill, you may even want to make them something to wear. Many people already feel somewhat awkward and uncomfortable wearing garb for the first time, so do anything you can to minimize discomfort- make sure it fits (as best you can) and is appropriate for the season. Especially with men, avoid clothes that draw excess attention or fit oddly by modern standards: tights, cod pieces, pumpkin pants. Go for something comfortable, fairly simple and flattering. This is a date, so put some effort and forethought into it. Bring a lovely picnic lunch and make sure you bring or arrange for a chair and feast gear for them, as well as anything else you can think of that may be needed to make the day more comfortable and enjoyable. Free up most if not all of your day to show your guest around, introducing them to your friends and showing them the many activities the SCA has to offer. Don't just leave them to fend for themselves in a sea of strangers. That said, consider encouraging them to volunteer their time water-bearing or serving feast. It is a wonderful way to get involved, meet people and make friends.

Twenty-seven years ago, my boyfriend at the time took me to my first event, and I was hooked on both from the beginning. I sincerely hope that you experience similar success!

Best of luck!

Delia

Dear Delia,

I'm having the absolute WORST time keeping my tent pitched at war and events! It always droops dejectedly, and at times looks as if it will topple over at the slightest breeze. When I do get my tent properly pitched, it is sadly brief and half-hearted. All the ladies chuckle when they see my droopy tent and scoff at being invited in. What should I do to remedy this unfortunate situation??

Yours truly,
Tepid Tabernacle

My dear lord Tepid,

Failure to achieve a satisfactory tent erection can indeed be a trial and can cast a pall over your entire event.

First, we must discover the source of your woes. Look first to your materials. Are your tent poles sufficiently long and hard? Have you kept your canvas fit and trim? Do your stakes and ropes hold taut and firm? Is your hammer sufficient to the task?

If the tent itself is sound, perhaps you need to work on your technique. An experienced partner may be required to assist you in your tent erection. There are generally many people at any given event that are more than happy to help you get it up and to properly maintain it. I am aghast that the ladies of your acquaintance mock your woes when it would be far more kind to pitch in and assist you. Shame on them!

So, my good sir, I say to you that you must stiffen your resolve! Be not afraid to ask for help where needed! Before long you will be an expert tent erector yourself. Instead of a tepid tabernacle may you have instead a marquee de satisfaction!

Best of luck,
Delia

Tasting from the Wooden Spoon....

by Lady Marie Hélène of the New Forest

Finding unexpected Connections through Food:

I taught one of my favorite classes at the Moorhaven Collegium last week. While discussing the popular Indian dumpling, Gulab Jumun, I was reminded of my research of this treat. It started with the search of its main ingredient, a dried curd-like milk product (Khoya) which is grated (crumbled). This curd was very similar to what the Mongolians make, so I tracked this curd (and the recipe) through India, Pakistan, west to Uzbekistan, Turkey and the Arabic countries, then up into Mongolia. The cause? Genghis Khan. More correctly, one of his armies that went south (one under Chagatai, the second son of Genghis Khan) the Barlas, where they became the Timurids of Western Asia and the Monguls (Mughals) of India. In my research, several cultures and at least two mainstream religions, Hindu and Moslem, use this dumpling as a celebratory food (for weddings and holidays). This recipe is the most complete recipe (in English) that I've found so far. Enjoy!

Gulab Jamun

500 gms. khoya

125 gms. plain flour

¼ tsp. baking soda

¼ cup milk

¼ tsp. cardamom powder

1 pinch saffron strands

250 gms. sugar

ghee to deep fry

1. Crumble the *khoya*. Sieve in the flower and soda together.
2. Mix in the cardamom powder and crushed saffron.
3. Mix well to form a soft dough. Use as much milk as required for kneading.
4. Make balls of even size. Makes about 25-30.
5. Heat the ghee very well. Take off fire and cool a little. Let in some of the jamoons.
6. When they rise up, put back on fire and fry til medium brown.
7. Remove from ghee and put in the syrup. Soak for 10 minutes. Drain and transfer to a glass bowl.
8. Repeat for all the balls. When done, pour the remaining syrup over the jamoons.
9. Warm over boiling water before serving.
10. Enjoy your Gulab Jamoon/Gulab Jamun. Hope you love this Indian recipe.

To make the syrup:

1. Take the sugar in a heavy pan and add water to just cover the sugar.
2. Boil and add a tbsp. of milk to separate the dirt. Strain and boil again.
3. The syrup is done when while dropping from a spoon, it falls in a thin single thread.

Notes:

1. *Khoya* (*Khoa*) is a whole milk dried curd, not dissimilar to cheese, but more closely related to the Mongolian *Aaruul*.
2. You can make Ghee by slowly heating unsalted butter to boiling and skimming off the foam. Strain and store, sealed in the refrigerator.
3. Gulab Jamun is also offered up to the Hindu god, Ganesha/Ganesh, as legend has it that he is very fond of the dish.
4. It is also traditional to top the completed Gulab Jamun with roughly chopped pistachios or other chopped nuts, edible gold leaf, candy "jimmies", and/or candied seeds.

Wilhelm's Wanderweg...

by Lord Wilhelm der Schwartze Leopard

Welcome back to the Wanderweg. In tackling the ongoing question of what I am going to write, I decided to turn the way back machine to AS XXII and tell some war stories and go from there.

Back in the olden days of the 1980s, I was a simple fighter in the Kingdom of the West looking to serve my barony in the upcoming war between the Principality of the Mists; which encompassed the Greater San Francisco/Monterey Bay, and the Principality of Cynagua, which held the central northern valley and the Sierras of California, plus NW Nevada; this war was proclaimed the Principality Cattle Raid. It was held at a Boy Scout camp in the Napa Valley, and I drove past all sorts of vineyards to get this event. The main battle is what I want to talk about here, as it was ingeniously put together. It was a 2-hour resurrection battle in which both sides started from around the same area, combat archery was completely in force, as well as siege weapons (just a ballista, but what a beautiful ballista it was). The objectives were to capture a corral and to raid cattle, and not necessarily in that order. All the cattle started out in the center of the battleground, and this was the ingenious part; the cattle were fabric sewn around bags that were filled with water with Velcro legs and tails added on. A cow was considered dead if the water bag broke, and from what I remember a dead cow was worth a maximum of 6 points; 1 for the body, 1 for the tail, and 1 for every intact leg, while a live cow was worth 8 points. To move a cow, a fighter had to carefully pick it up and had to "moo" while transporting the bovine. The fighter couldn't fight while moving a cow and was considered dead if an enemy fighter got within weapons range of the wrangler. Though some fighters did succeed in doing this, it was strongly discouraged to carry more than one cow because they were heavy due to water retention and more likely to die due to all the jostling.

The Mists, which was the principality I was fighting for, had opted to capture a corral first while the Cynaguans raided cattle first, then set up their corral. Thus the Mists had set up a well-defended corral and they sent out the Barony of Darkwood forces, the specific group I belonged to,

to raid the Cynaguans' corral. We went in and slaughtered the poorly defended corral, and I grabbed up one of the cows "mooing" the long walk back to our corral. My cow was one of the fortunate live ones. I was then sent out, since these were my young spry days, as part of archer hunter/killer teams. I died many deaths, but claimed many lives with my sword. I also had the honor to guard for her Highness of the Mists as she was a crossbow fighter. In the end, the final score was somewhere in the 60s for the Mists, but that wasn't important as much as the score for the Cynaguans which was definitely 1, as they only had a leg to their name, once the final tally was performed. So victory went to the Principality of the Mists!

This would be a scenario I would love to see again. From what I understand, the cow's cloth body was velcroed around the plastic bags, so they were reusable, but other than that, I do not know anything about their construction. I do know the two principality sewing guilds had gotten together to create the cattle and hopefully this sparks some of your creative types out there.

Thus ends another trip down the paths of my mind, til next time, tschüß!

Silk Banner Painting

By Baroness Brig ingen Erennaigh
Missy Looper brigscribe@nctv.com

For stretching and image transfer you will need:

*Wooden stretcher bars and tacks or a PVC frame setup, rubber bands and clips
Print outs of the device elements, a straight edge
and a pencil, Freezer paper.*



Stretch the silk onto a canvas frame using thumb tacks or a PVC frame setup with rubber bands and bulldog clips. Be sure to get it taught, but not so tight as to rip the silk.



Freezer paper is paper on one side and waxy on the other. Trace the image onto the paper side. The waxy side will be ironed onto the silk to hold it still for tracing onto the silk. Be sure to reverse your images. You will be tracing on the wrong side of the paper but the right side of the silk. If you have difficulty seeing the image through your silk, trace it on



the freezer paper again with Sharpie to make it clearly visible through the silk. Iron the freezer paper, waxy side down onto the WRONG side of your silk. Trace the images onto the RIGHT side of the silk with pencil then peel off the freezer paper. This template can be used multiple times.

For preparing the images and painting you will need:

Resist,

Dyes, (I prefer the DynaFlow brand)

small squeeze bottles with tips

paint brushes.

Supplies purchased from Dharma Trading Company. www.dharmatrading.com

I prefer the DynaFlow brand of dyes from Dharma, but the Dharma brand is pretty good as well. Whichever brand you chose, I recommend watering them down just a little bit to make them flow a bit better. You can create shades of color by adding more water to the dye.



Trace your pencil drawing with the resist. Be sure to connect all lines or the dye will bleed over into unwanted areas. Allow the resist to dry. It should be dry enough to work with in about an hour, and fully cured in 24 hours.

Begin painting with the dyes. Don't get too close to the resist with the dye as it may still bleed underneath the resist and into unwanted areas. The dye will bleed wherever you place it until it encounters the resist. Carefully outline the images with dye before filling in the larger areas.

Heat Setting and Finishing



Place the banner face down on the ironing board and cover it with a piece of cloth to prevent the resist from melting to the iron face. Set iron to the silk setting and press and allow it to cool and press it again. Use a dry iron. Steam could make the colors run until the painting



has been heat set. Toss it in the dryer on high heat with a DAMP towel for one cycle and press it again. Wash the banner in warm water using mild dish soap such as Dawn after heat setting it. Run the banner through the dryer once again and iron again. Any time you iron the banner, be sure to place some fabric between the banner and the iron face. Hem edges, make pockets for banner poles and display for all to see!

A Note from her Excellency regarding War of the Wings:

Good people of the Barony of Nottingham Coill... Please consider giving of a bit of your time to volunteer for a position at War of the Wings. It's the best way to get the most out of your war and meet new people! You don't have to relinquish all of your time at WoW, just a few hours or a couple of shifts. Many hands make light work! There is a list of people in charge of the various activities and whom to contact to volunteer in the WoW website.

Baronial Populace Meeting Notes

Inscribed by Her Excellency's hand, Baroness Brig ingen Erennaigh

A Baronial Meeting was held during the potluck at Pennsic Pauper's Potluck and Practice. His Excellency outlined His plan for the year long series of events based around the Crusades. He has already spoken with each of the Canton Seneschals about this. It involves theming the events that the cantons already hold around the central idea of the Crusades beginning with England at Baronial Birthday and ending with the following Baronial Birthday as Homecoming. The basic idea is to utilize the existing events that the Cantons put on now and each successive event will follow the path to the Crusades. More details will be forthcoming about this plan.

Several Demo opportunities were brought forward: The Library Demo on October 8th, Enchanted Chalice Renaissance Faire on September 9th, and Big Fandom Greenville (BFG) on the weekend of November 18-20, and possibly the Festival of Flowers which takes place sometime in June (I don't have those dates yet).

We discussed the clouds of war on the horizon over Our Cousins to the north, and revealed that His Excellency and I are having trouble coming to a decision of where to place our support for the upcoming conflict at War of the Wings in October. I have received a most eloquent letter pleading for Our support from Her excellency, Alianor, while a

curious silence comes from His Excellency, Marc! We welcome council from the populace.

The populace in attendance was reminded that the deadline to register for WoW and be counted for land in a group camp (i.e. Nottingham Coill) is September 11th.

Upcoming Events in the Kingdom

September 2016

1-5	<u>Hastilude at the Hollow IV</u>	Black Diamond	Raphine, VA
2-4	<u>Raven's Cove Baronial Birthday</u> (H)	Raven's Cove	Richlands, NC
2-5	<u>Battle on the Bay</u> (R)	Storvik	Upper Marlboro, MD
9-11	<u>The Sacred Stone Baronial Birthday</u> (R,H)	Sacred Stone	Boonville, NC
9-11	<u>Fiber, Foliage, Forging, and Fermentation</u>	Yarnvid	Louisa, VA
17	<u>Silver Chalice</u>	Hidden Mountain	N. Myrtle Beach, SC
17	<u>Fall University</u>	Dun Carraig	Lexington Park, MD
23-25	<u>Southern War Practice VIII</u>	Ritterwald	New Ellenton, SC
23-25	<u>Clash with Bacchus...gods and mortals</u>	Black Diamond	Big Island, VA
30-2	<u>Atlantian Fall Coronation 2016</u> (R,H)	Atlantia	Lanexa, VA

October 2016

7-9	<u>Shoot in the Mountains</u>	Black Diamond	Blacksburg, VA
8	<u>Dun Carraig Baronial Birthday</u>	Dun Carraig	Nanjemoy, MD, MD
12-16	<u>War of the Wings XI</u>	Sacred Stone	Boonville, NC
22	<u>Chalice of the Sun God</u>	Ponte Alto	Leesburg, VA

November 2016

5	<u>Atlantia Fall Crown Tournament (R)</u>	Lochmere		Street, MD
11-12	<u>Known World Fiber Arts Symposium</u>	Calontir		
11-13	<u>Rise of the Child King (formerly Hawkwood's Super Secret Event)</u>	Hawkwood		Arden, NC
12	<u>Marinus Baronial Birthday</u>	Marinus	VA	Virginia Beach,
12	<u>Buckston Birthday Bash</u>	Buckston-on-Eno		Hillsborough, NC
12	<u>Storvik Song and Dance</u>	Storvik		
19	<u>Runestone Collegium</u>	Sacred Stone	NC	Winston-Salem,
19	<u>Holiday Faire</u>	Stierbach		Manassas, VA

The Back Page

Just a few brief words from your Baronial Chronicler...

Good eve and well met! I thank you all for your patience and understanding in the last-minute delivery of our Quill this month. I hope that you will find it to your liking, as it contains submissions from all across our great Barony, from their Excellencies to our Dear Delia, to Lady Marie Hélène to Lord Wilhelm. Thank you all for your great submissions and support to the Quill!

In the coming months' issues, you will begin to read about the various characters that make up and tell the story of the populace of our Barony. Don't be surprised if you get a message from me requesting your participation so that we may all have the pleasure of your acquaintance. This will help us all, both new and old, to become more familiar with all the members of our populace and I look forward to it!

Many thanks again to everyone who submitted to the Quill for this issue and previous issues, and please continue to send in submissions to Labyrinthineone@gmail.com

Yours in Service to the Dream,

Merewyn Scharp