

The Nottinghill Quill

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IN THIS ISSUE ...

- 2.... TABLE OF CONTENTS
- 3.... REGNUM
- 5.... A NOTE FROM THEIR EXCELLENCIES
- 8.... FROM THE SENESCHAL'S PEN
- 11.... HEROES IN BLUE: A KNIGHT OF HONOR DEMO
- 17....TASTINGS FROM THE
 - WOODEN SPOON
- 20.... NOTTINGHILL QUILL
 - QUESTIONNAIRE: LADY
 - ISOLDA JOURDAN
- 24.... KINGDOM EVENTS
- 25.... THE BACK PAGE

COVER PHOTO BY VROUWE MACHTELD CLEINE



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A Note from Their Excellencies...



Photo credit: Lady Birghid O'Donoghue

Unto the Good Gentles of Nottinghill Coill does Lucien and Brig, Baron and Baroness by the Grace of the Crowns of Atlantia, send Greetings.

Fall is here! Fall is here! Thank everything you need to thank that Fall is here!!! As you can guess, Autumn has come to the Coill, and the Baron is a bit happy. Forges generate a lot of heat...

September has seen the beginning of Southern Tourney Season and We are excited to see what Our Martial Champions take part in to show their love of competition and their skill. Our Champions of the Bardic, Arts, and Sciences, We look forward to hearing, seeing and enjoying your varied skills and talents.

Southern War Practice has passed Us by, and many gathered to increase their skills and knowledge with the numerous classes, both in peace and warfare. A wondrous feast and evening fellowship rounded out a day that filled Us with joy and determination that Nottinghill Coill is ready, once again to decide the outcome of War of the Wings.

Next, We made a pilgrimage to the Sacred Stone, and enjoyed a day with many of Our Cousins. Their Majesties, in keeping with Their solemn duty, did appoint new guardians in the form of new Baronage. There was much rejoicing and celebration. Those of the Coill who were able, made a good showing of their skills, in all competitions. On a personal note, We were honored to bear witness as Her Majesty, Queen Signy, did recognize Alexander de La Rochelle with the Award of the Hippocampus. Followed by raising the young gentle to the Ranks of Nobility with an Award of Arms. The pride We felt that moment was not only of Our child, but also Pride in a child of the Coill being raised to the status of a Young Man.

The Canton of Cyddlain Downs, once again, were Honored with being requested to participate in the Knight of Honor. A celebration and recognition of members of the Law Enforcement community who were being given a gala evening in appreciation of their duty and sacrifice. By all accounts, the good people of Cyddlain Downs were absolutely amazing. With both demonstrations of Skill, Courtesy, and Honor, attendees will forever remember their experience that night.

As Their Majesties time on the Thrones is coming to a close, Their Royal Highness, Amos and Kara, are looking forward to guiding Atlantia to the future. Artisans, Yeoman, Fighters; do you stand ready to bring your best to Fall Coronation? We look forward to a day of celebration of Royalty and 6 | Page showing the best that the Southern Regions have to offer Atlantia. Stand proud and show the Kingdom why We love Our neighbors and how, no matter the borders, We are always there for each other.

WAR! Yeah! What is it good for? Absolutely Nottinghill! Say it again!

Once again, War has come to the Kingdom of Atlantia. Will We see you at War of the Wings? We hope to lead the largest group that the Kingdom has ever seen in Processional, and stand with Pride that We all are of the Coill! Bring your Courage, bring your Skills, bring your Best. We will be joining each of Our, nay, Your Champions at at least one of their competitions. We hope that you are able to take time to watch them show what it means to be a Champion. Brig and I would like to take a moment and thank Lady Merewyn for her outstanding work in securing Land for the Barony. The Barony thanks you for your time and effort.

We would also like to thank all of those who have, and who continue to volunteer for all of the various duties that are required to make the Barony run daily, and those who go above and beyond to keep the Dream alive.

Regards,

Lucien and Brig Baron and Baroness, Nottinghill Coill

September

8-10 Southern War Practice 22-24 Sacred Stone BBday & Investiture (Q)

October

7 Fall Coronation (R,H) 17-19 Demo at BFG

From the Seneschal's Pen...



Photo credit: Lady Cecille Cassaire

Happy Autumn! The days are growing shorter and cloaks become more evident at events. The natural world is preparing for its annual quiet time. In the Barony, though, there still is much to do.

First, of course, are all the activities involved with War of the Wings. As with every other event, the only way it happens is if we all pitch in. Do you like being outdoors, but aren't a marshal? Volunteer to help with waterbearing or security. Do you like meeting people, but prefer to sit? Sign up for a shift or two at Troll. Do you prefer something quieter, behind-the-scenes? Their Excellencies always need folks to serve as retainers for a while. These ideas barely scratch the surface of what needs to be done and the opportunities available. See <u>http://warofthewings.com/staff_list.html</u> for a list and description of the staff positions. Every one of these people would appreciate assistance in some form or other.

As soon as War of the Wings is over, we get a short respite, then it's time for the Barony's (and probably the Kingdom's) favorite feel-good event: Yule Toy Tourney! Now is an excellent time to start collecting the toys that serve as your admission fee to the event. Can't afford the latest "in" toy or a shiny red fire truck? Go to one of the discount stores and pick up a few modestly-priced items. When you're a child who has little or nothing, even stocking stuffers are appreciated. Plus, buying the items now lessens the load on most people's beleaguered holiday budgets.

With the nights growing longer, it's a good time to stop and consider your activities in the Society, the Kingdom, and the Barony. Are you only attending events and not doing anything to help out? If so, I challenge you to change this and become more of a participant and less of a spectator. Being a participant doesn't necessarily mean being on staff at every event. Baronial and canton offices need to be staffed; classes need to be taught and gift baskets filled; scrolls always need to be created. Challenge yourself to give back to the Society, a little more than you're doing now. And if you're a regular non-stop doer, you may be feeling overloaded and burned out. In this case, I challenge you to look at all your activities and evaluate which ones are giving you the most satisfaction, and which ones no longer give you much or any pleasure. Consider making some changes in the coming year to help restore the enjoyment you used to have. Growing as a member of the SCA doesn't always mean doing more and more; it could mean doing something different or at a different level. It also could mean helping someone else grow within the Society, by serving as a mentor. If you're uncertain about such opportunities, feel free to contact me and I'll assist with all the resources I have available. If we don't grow, we stagnate and die. And that's not something that's pleasant to contemplate.

Finally, here's the section I most look forward to compiling: the list of folks who have received awards. At the SCA 50-Year Celebration last year, Dame Morwenna Trevethan was given an Augmentation of Arms, by the King and Queen of the Midrealm, for all the work that she put in as Chirurgeon in Charge for the event.

Take a few minutes to look up some of your friends and acquaintances in <u>http://op.atlantia.sca.org/</u> and see what awards they have . . . or, more accurately, what awards they DON'T have, but probably should. Then send in a recommendation (for a kingdom award) via <u>http://award.atlantia.sca.org/</u> It's very quick and easy to do. If you want to recommend someone for a baronial award, here's the form to use: <u>http://www.jotform.us/form/51506540143142</u> And just to make it really easy, here's a list of all the current baronial awards: <u>http://op.atlantia.sca.org/barony_awards.php?barony_id=23</u> (at the bottom of the page.)

I look forward to seeing many of you at War of the Wings.

Yours in service to The Dream and the barony, Dame Morwenna Trevethan Baronial Seneschal

Demo: Heroes in Blue: A Knight of Honor...

....words by Lady Merewyn Scharp and images by Lady Virginia of Wolfholt



The Canton of Cyddlain Downs and the local Palmetto Knights had the great pleasure and honor of adding an authentic Middle-Aged flair and ambiance to an event very near and dear to many hearts; Heroes in Blue: A Night of Honor, a gala to celebrate the positive, good stories of law enforcement helping to uplift, protect and connect to their communities in ways that most people don't hear about.



The gala is put on yearly to support the work of the 50103 non-profit organization, Heroes In Blue, in promoting community relationships with law enforcement and also providing support to families of officers who were killed in the line of duty. The organization was founded in honor of fallen police officer, Greg Alia, who was killed in the line of duty. His wife and widow, Kassy Alia, reached out to the Canton last year for the debut event and we were more than glad to help and looked forward to helping again this year.



Swords were crossed in graceful ferocity by Lord Elphin ap Daffyd, Lansherr Wilhelm der Schwartze Leopard, Baron Geldamar le farceur, and Lord Séamus Blær de Maxwell outside while the artisans of the Coill demonstrated their specialties. Mistress Etain of Sutherland, m'ladies Cornelia Caeciliana and Merovech Blariacum (and Avi!) demonstrated period hand washing and pottery, Lady Marie-Hélène of the New Forest displayed period herbs and cooking information, m'lord Malcolme Mac Enri and his lady, Bella Rose, challenged the gala-goers with games of chess. The fiber arts were well-represented by your humble Chronicler and Baroness Delia Flammen, who wowed many with her gorgeous tablet weaving on her box loom. In addition to knitting, I worked my inkle loom and lucet.





We may have also played Baron/Baroness by trying on the throne...





Earlier in the day, members of the Canton arrived with armloads of beautiful hand-painted tapestries to decorate the hall, further adding to the period atmosphere.



Lord Cian MacCeallachain Ui Dubhlaich addressed the gathering with a warming speech and then, during the main event, he heralded in the nominated heroes of the community to be knighted by members of the Palmetto Knights.



Tastings from the Wooden Spoon...

... by Lady Maríe Hélène of the New Forest



Photo credit: Vrouwe Machteld Cleine

Spectacle and Subtlety (Illusion) Foods

These are dishes that are either made to look like something else (illusion foods) or to make a memorable impression – One such example comes to mind in form of a nursery rhyme:

Sing a song of Sixpence, A pocket full of rye, Four an' twenty blackbirds Baked in a pie. When the pie was open'd, The birds began to sing. Oh what a wondrous dish To set before the King!

To say the least, if the birds were truly 'baked', they wouldn't be singing. More likely they were put in a pre-baked coffin (pie crust with a lid) and presented to the high table to the titillation of the diners. There are several other examples, and recipes in Take a Thousand Eggs vol I&II by Renfrow. One that is mentioned is the Spectacle of carefully removing the head, skin and feathers as a whole piece of a peacock, roasting the meat, and dressing the roast in the head, skin and feathers as if the peacock was alive and merely resting on the platter. Modern practices of this are not recommended, but rather dressing the roast in papier-mâché and other safer decorations. I have done something similar at one feast I cooked - the promised venison was never delivered, so at the last "minute," I substituted what I could get - chicken. Fortunately, I had already planned on presenting the dish on a large platter and a reclining, resplendent winged stag (the group's device) made of papier-mâché (and chicken wire) as the cover for the meat. Since I made the stag almost "life-sized", it was quite a spectacle.

Other ways to make a dish a spectacle is to make it look as if it was breathing fire, making it move, playing music, or look like something else. Some recipes like Yrchons (Urchins), are meatballs studded with slivers of almonds to make them look like hedgehogs (called urchins in medieval times). Sometimes a fowl and a young pig were stitched and roasted together to make the appearance of a mythical beast – in this case a cockatrice. There is a conserve (dessert) that was made to look like entrails (oh, Yum!) called Trayne roste or Train roast. It consisted of a string of almonds and dried fruits which were fried in a beer batter and served warm. There is a recipe I found called Apprayere or "Mock Pitcher", which is a meatloaf (forcemeat), cooked in a fabric mould to shape it into a hollow vessel which could contain a gravy or broth that could be poured from it and then the pitcher eaten as well. Most people have seen my various styles of roses – these too are "spectacle" or a subtlety (illusion foods). When creating such things, imagination and your culinary skills walk hand in hand. Have Fun! Apple Roses (a subtlety): 3-4 firm, red or gold skinned apples 1 Tbsp rose water 2 Tbsp sugar or honey 4 cup apple cider ure of clove arains of paradise cinna

1 *Tbsp spice mixture of clove, grains of paradise, cinnamon, and ginger, around*

Thin pie dough or crescent dough, cut into inch wide strips about 10" long each. Preheat oven to 350°F. Cut apples in half and remove the core. Slice thinly into half-moons, making certain to keep enough of the skin on for the color. Put in a pan on medium heat with the apple juice, rose water, spices and sugar. Simmer until tender, but still able to hold its shape. Remove from the cooking liquid and cool slightly. On a piece of dough, brush a little bit of the cooking liquid on it then place 5 pieces of apple on the dough, overlapping slightly with the skin side overlapping the top edge of the dough. Carefully roll the dough from one end to the other and place on a pan lined with parchment paper. Repeat with the rest of the apples and dough. Bake for 10-15 minutes, or until the dough is brown and the apples look glazed. Cool. You could "guild" the roses with a little edible gold leaf, or with a honey syrup colored with cinnamon or hibiscus powder.

The Nottinghill Quill Questionnaire



Photo credit: Vrouwe Machteld Cleine

Mundane name: Melíssa Jordan

Mundane occupation: Medical Laboratory Scientist

Tell us about your experience with the SCA: I've been involved with the SCA since I was 18, attending a few local meetings and a couple of events. My modern life got busy with school and work and romance, and it wasn't until a few years later that I rejoined.

When did you first hear about the SCA? What/who brought you into it? I first learned of the SCA while playing Age of Empires online. One of my online friends was in the SCA and told me about it. A former school friend introduced me to my local group.

What was your first event, and what was your first impression? My first event was called Passage East IV. I still have the site token. I remember Lord Alwyn spent a good portion of the day telling me all about how we did things. I was interested in the combat and was introduced to some of the fighters. They taught me how to throw a flat snap and one was really nice and let me hit his helm... On his head! "Punch the parrot," they said! One of the guys' armor broke and he gave me the elbow cop. Alas, I do not remember his name, but I know he was from Windmaster's Hill. I think I still have it, somewhere. Maybe one day I'll put it to use. I had no idea about feast, and someone who wasn't able to stay, offered their feast seat to me so that I could join feast. We ate by real candlelight, in the dark, and the head cook was Corwyn. I don't remember the exact menu but it was great and really cool to pretend to be in a different time.

What do you love the most about the SCA? I love the opportunity to learn about how people lived by trying things that they did. Sharing the experience with like-minded people, many of which have become like family over the years.

What has been your most memorable moment thus far? So many memories have been made over the years! Almost all of my best friends and chosen family have come from the SCA.

How many years have you been in the SCA? Actively involved, probably about 14 years, but I can't recall exactly so I count by War of the Wings.

What is your favorite SCA event activity to participate in? My favorite activities change periodically, from archery, rapier, cut and thrust, to armored combat and back. I like trying to create historical clothes and relaxing under a pavilion with friends, old and new.

Have you held any offices or positions within the Barony? Were you voluntold or did you come down with a case of helium hand? Totally helium hand! I've been a chatelain for Falcon Cree off and on for years. I enjoy sharing SCA with new people and helping them make the connections they need to get a foothold into our society. I enjoy their enthusiasm and try to guide and encourage them to try all the things. Have you received any awards, and if so, which would you say is your favorite or means the most to you? I view awards as an honor bestowed upon a person by the populace for what they see in recognition of their actions. I don't play to earn awards and titles, I play and do what I do because I enjoy it. I have a memory from each award I have been given, and that memory means more than any medallion or scroll or title. Please be respectful of the goings-on in court, because that moment is ingrained in that person's memory forever.

What drew you to the martial activities in the SCA? Which one would you say is your favorite and why? I've always been drawn to combat, and I don't know why because before the SCA I was kind of afraid to take many chances. I feel connected with my inner warrior, particularly with the longsword in rapier and cut and thrust.

How many Kingdoms and Baronies have you lived in? I have always resided in Barony of Notttinghill Coil in Atlantia.

Newcomer advice/guidance? It can be a bit much to take in everything at an event at once. Don't worry, this is a friendly and tolerant environment for imperfection. Making an imperfect attempt (and even failing, in your eyes) is infinitely better than not trying at all. Many of us started the SCA as shy people with few hobbies, and found that this society values and supports everyone's chivalrous and honorable contribution, from helping pick up trash to hosting a grand event.

Find a familiar face and ask the questions as you think of them. You hear that a lot, "Feel free to ask." I know you may not always know what to ask. It can be anything, from "Where did you get that shirt?" to just saying, "I don't even know where to begin!"

What is something you don't mind sharing that people may not know about you? I can nap just about anywhere. I've learned to seek out-of-the-way places so as not to worry folks about why I'm passed out on the floor in the main hall. 22 | Page

Tell us a bit about your Middle-aged self:

What is your SCA Name? Isolda Jourdan

How did you pick your name? I like the name Isolda. At the time I as looking at Anglo-Saxon for a persona. Jourdan is one of the historical spellings of my modern last name, French in origin.

What is your SCA device? Per bend sinister, Azure and Gules, in bend a sun in splendor and a lion rampant guardant within a border, Or.

Modern description: divide the shield from top right to bottom left. The left is blue with a yellow (gold) sun and the right is red with a yellow lion in combat stance, his face looking at the viewer. Place a yellow border around the whole sheild.

How did you pick your device? My device represents who I am. Radiant as the sun, yet I can be intense sometimes. The rampant guardant lion indicates loyalty for those who I protect. The border was added so as to not be in conflict with someone else in a far and distant land which I'll probably never visit.

Is it tied to your persona? Sometimes.

Describe your persona: My persona started out as Anglo-Saxon English but sometime after the Norman invasion, 11-14th century -ish.

I haven't done much in developing a persona. I keep making and doing stuff from other cultures and centuries.

Why did you pick that persona? It was what interesting to me at the time, and t-tunic dresses are perfect for that period! (That's what I could sew back then) *Do you have any titles?* I have an Award of Arms (AoA) and can use the title, "Lady."

Edit about the first event. I did not break the armor, his broke in the tournament!

Upcoming Events in the Kingdom

Key

R: Royal Progress *K*: King's Progress *Q*: Queen's Progress *H*: Highnesses' Progress *P*: Prince's Progress *Pr*: Princess' Progress

October 2017

6-8	Fall Coronation 2017 (R,H)	Border Vale Keep	Augusta, GA
13-15	<u>Harvest Wars</u>	Bright Hills	Denton, MD
14-15	<u>Njal Saga</u>	Aethelmearc	
1 8- 22	<u>War of the Wings XII</u>	Sacred Stone	Boonvílle, NC

November 2017

4	Fall Crown Tournament	Atlantia	
10 - 12	<u> Tournament at Elchenburg Castle</u>	Charlesbury Crossing	Boonevílle, NC
18	<u>Buckston Birthday Bash</u>	Buckston-on-Eno	Burlington, NC
18	<u>Holiday Faire</u>	Stierbach	

December 2017

2	Unevent	Atlantia	
8-10	<u>Yule Toy Tourney XII</u>	Nottinghill Coill	Píckens, SC
9	<u>Yule on the Bridge</u>	Ponte Alto	Reston, VA

The Back Page

Just a few brief words from your Baronial Chronicler...

My dear friends and neighbors of the Coill, I hope this issue finds you all well and readying yourselves for the coming War. While you're there, please keep your humble Chronicler in mind and store up some tales of glory, honor and joy to share with the rest of the Barony upon our triumphant return!

If you would like to contribute something to the Quill, please certainly feel free and just make sure to complete the appropriate release form and send it along with your submission is I can't use content until I get a release form for it from it's creator. You can find the release forms at <u>http://chronicler.atlantia.sca.org/Releases.html</u> Please let me know if you're not sure which form to use, or have questions about a form.

Many thanks to everyone who submitted to the Quill for this issue and previous issues.

Yours in Service to the Dream, Lady Merewyn Scharp



Photo credit: Vrouwe Machteld Cleine